



Centre opening hours.

7:30 AM - 6:00 PM

office@gumnutpreschool.com.au

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We respectfully acknowledge
the Traditional Owners
of the land where we learn
and play, the Wurundjeri
people of the Kulin Nation.

We pay respect to their
Elders past, present and
emerging.



Reminders

- **Parent Mobile Phones:** Please be reminded that we request that all mobile phones are put away when entering the gate and that no photos are to be taken inside.
- **Centre Information Folders:** All centre information is now placed in folders at the main entrances for your reference. These will be kept at the sign-in table and at the information area near the office. These folders include relevant information on the centre, including opening hours, contact details of the regulatory authority, policies and procedures, etc.
- **Signing in and Out:** It is a legal requirement that parents/guardians sign their children in and out each day. If you do not have a pin please notify the office.
- **Holiday Notification:** We require two full weeks notice to discount your fee for your holiday period. Child must be away for the full week of attendance days (Monday-Friday).
- **Swapping Days:** Please note at Gum Nut we do not swap childrens days due to overall centre numbers and educator ratios, we will try our best to accommodate casual days where possible.

WHATS HAPPENING

Term 3 Calendar

August

3 rd - 10 th	Dental Health Week
15 th - 22 nd	National Science Week - Seeds of science, Nurturing knowledge for all
19 th	International Orangutan Day
22 nd - 28 th	Book Week - Symphony of Stories

September

	Biodiversity Month
	Save the Koala Month
2 nd	Early Childhood Educators' Day
7 th	National Child Protection Week
18 th	Term 3 Ends



OUR KITCHEN

MUFFIN PIZZAS (GUM NUT FAV)

Ingredients

- English muffin
- Pizza sauce
- Mozzarella
- Your choice of pizza toppings

Method

1. Assemble pizza with ingredients
2. Bake the pizzas for 9 to 12 minutes or until the edges of the English muffins are toasted and the cheese is melted and bubbly.
3. Enjoy!



Does your family have a favorite recipe, dish, or weekly staple you could share with us? It may even be included in our next newsletter!

FOCUS ARTICLE

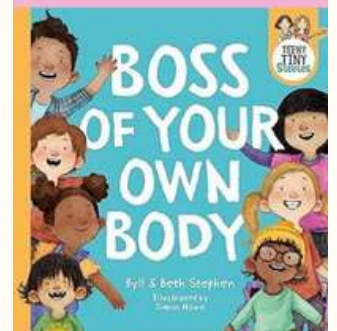
Body Safety & Personal Boundaries: Learning Together

Teaching children about body safety and personal boundaries is an important part of helping them grow into confident, respectful, and safe individuals. These lessons begin in infancy and are gently reinforced through everyday interactions at Gum Nut.

How We Support Children

We help children learn to:

- Use the correct names for all body parts.
- Understand that their body belongs to them.
- Express their feelings and communicate when they are uncomfortable.
- Respect their own and others' personal space.
- Ask for permission before touching others.
- Identify trusted adults they can talk to if they are worried or need help.



These conversations are always age-appropriate, positive, and focused on building children's confidence rather than creating fear.

6–12 Months

- Respond to your baby's cues with warmth and care.
- Talk through daily routines such as nappy changes.
- Use correct names for all body parts.

1–2 Years

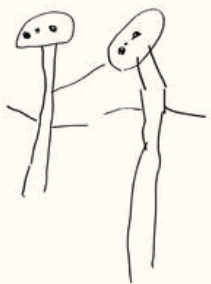
- Encourage simple choices and independence.
- Respect when your child says "no" where appropriate.
- Model asking before giving hugs or kisses.

2–3 Years

- Teach that private body parts are covered by underwear.
- Explain that trusted adults only help with personal care when needed.
- Encourage children to say "No," "Stop," or "Help."

3–4 Years

- Teach children to ask before hugging or touching others.
- Discuss the difference between surprises and secrets.
- Help children identify trusted adults.



4–5 Years

- Practise what to do if something feels unsafe.
- Encourage children to speak up if they feel worried.
- Reinforce that they can always tell a trusted adult.

By working together, families and educators help children develop body awareness, confidence, respectful relationships, and the skills to seek help when needed.

Remember these simple messages:

- My body belongs to me.
- I can say "No" or "Stop."
- I can always talk to a trusted adult.
- We respect everyone's body and personal space.

Together, we are helping children build the knowledge and confidence to stay safe while developing respectful relationships with others.

THE MAGPIE ROOM'S 10 CENT CAN DRIVE



**Join the Magpies in collecting eligible
10 cent cans and bottles to help raise
money.**

**The Magpies have been learning about reusing, recycling and
donating.**

**We welcome you to support their learning by placing
appropriate cans and bottles in the collection box.**

**Teacher Siena will take the containers to
the deposit scheme, and the Magpies will
decide together which cause or
organisation to donate the money to.**

Thank you for your support!



PARENT VOLUNTEERS WELCOME!

We love having families involved in our programs! Parent participation helps create meaningful experiences for the children and strengthens our centre community.

There are many ways you can get involved, including:

- Reading stories with the children
- Helping with cooking experiences
- Assisting with arts and crafts
- Sharing a special skill, hobby, or cultural experience
- Joining us for other learning activities throughout the year

If you would like to volunteer and participate in our programs, you will now need to obtain a Volunteer Working with Children Check (WWCC). This check is free for volunteers and helps us meet our commitment to providing a safe environment for all children.

Please note that a Volunteer WWCC is not required if you are attending centre functions, celebrations, or family events where you are participating with your child as a parent or family member.

If you're interested in volunteering, we'd love to hear from you! Please speak with one of our educators, and we'll be happy to guide you through the simple process of applying for a Volunteer Working with Children Check.

Thank you for your ongoing support and for helping us create enriching experiences for our children!



APPLY FOR A
VOLUNTEER WWCC
HERE

