

# Gum Nut Preschool and Childcare



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We respectfully acknowledge  
the Traditional Owners  
of this land:

The Wurundjeri, Boonwurrung,  
Taungurung, Djadjawurrung  
and the Wathaurung people  
who make up the Kulin Nation.



## FACE MASKS

Or  
Face Covering  
From Thursday  
23/7/2020.

All parents, carers will  
be required to wear a  
face covering to enter  
the centre.

All staff are to wear face  
covering on arrival.

All other procedures will  
be the same.

Stay safe & help keep  
others safe.

Term 3: Gum Nut Educators.

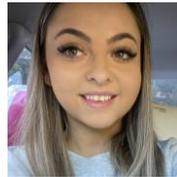
### Possum Room:



Veronica



Lamia



Stacey



Judy

### Wombat Room:



Michelle



Hannah



Rose



Katie



Kim

### Koala Room:



Anne-Marie



Rasika



Zaide



Niaz



Steph

### Magpie Room:



Spencer



Paige



Victor



Jess

### Funded Kinder Room:



Jacinta



Helen



Caleigh



Sheree



Chantelle

## BEANIES, GLOVES, SHOES, COATS, GUM BOOTS:



Please pack appropriate warm clothing for your child/ren to participate in outdoor programs & activities.



**Gum Boots** are great for some puddle splashing days.



Please ensure all clothing is clearly labelled with child's name.

### Reminder: "No fee childcare ended 12/7/2020"

Gum Nut Preschool & Childcare has the following payment methods.

1. **Fortnightly deduction from your Credit Card.**  
This is our preferred method of payment, as we deduct fees fortnightly – This allows us to manage accounts, so you remain up to date.
2. **Direct – Internet payment.**
3. **Eftpos.**
4. **Cash or Cheque.**

\*Note: You pay as you attend.

## Photos!!!

Group photos will be taken within the next few weeks.

We will notify you a week before when we will be taking the group photos.

Our preference is to wait until all children have returned.

Thank you.



## GUM NUT STREET LIBRARY:

Have you accessed or deposited books in the Gum Nut Library?

Books are waiting to be borrowed, by you.

Book swap: reuse, share, recycle... Read.

Please make use of it, children's books, adult novels, cookbooks etc...

*Located under shelter, near entrance.*



## *Are you a member of your child's Facebook Group?*

**Possums:** Possum Room @ Gum Nut Preschool & Childcare

**Wombats:** Wombats @ Gum Nut 2020

**Koalas:** Koala Room at Gum Nut

**Magpies:** Magpie Room 2020

**Kinders:** Gum Nut Kinder 2020



**When balloons fly,  
seabirds die.**

You can be part of the solution.  
[zoo.org.au/balloons](http://zoo.org.au/balloons)



Dear Families,

Thank you to those families who have expressed their acknowledgement and gratitude, basically recognised our staff are attending work under difficult circumstances, with limited protective wear for their own personal safety. These are incredibly difficult times for everyone: as stated once we enter the Gum Nut gate normality reins for all, most especially our children.

Your recognition is deeply appreciated.

Equally important for us, is being spoken to with respect, this includes all forms of communication, recently I have spoken with educators about encounters they have experienced with a parent/s.

“Under normal circumstances”, speaking rudely with staff is not appropriate, given the current times and fact we are all working to provide an environment for your child to feel trust, confidence & comfortable in, please communicate with respect.

We would not tolerate a team member being rude to a visitor, parent etc, and it is the same with parent to educator/staff.

We are all role models, please ensure we all role model respectful relationships.

**Toys, activities from home:**

At Gum Nut we do not mind children bringing a toy to the centre: wait for it..... there is a however.....

However, from the Koala room to the Kinder Room our educators are NOT responsible for looking after them or searching for them at the end of the day.

Our educators have many and varied tasks to attend to: searching for a lost toy is not one of them.

Please explain to your child, take IT to Gum Nut, they are responsible to take care of IT and know where they have placed IT. This is especially required of children in the Funded kinder room, primary school teachers will not search for misplaced, loaned or lost toy.

This does not apply to younger children and comforters.

**Few alternate names: for Palm Oil.**

Palm oil has is known or labelled in more than 300+names: below is just a sample.

***Vegetable Oil: Cetyl Alcohol, Cetyl Palmitate, Elaeis Guineensis, Emulsifiers 422, 430-36, 470-8, 481-3, 493-5, Glyceryl Stearate, Octyl Palmitate, Palm Fruit Oil, Palm Kernel Oil, Palm Stearine, Palmate, Palmitate, Palmitic Acid, Palmityl Alcohol, Palmolein, Sodium Dodecyl Sulphate, Sodium Kernelate, Sodium Laureth / Lauryl Sulphate, Sodium Lauryl Lactylate, Sodium Lauryl Sulfoacetate, Stearate, Stearic, Stearic 2&20, Stearic Acid, Vegetable Glycerine, Vitamin A Palmitate. & DO NOT FORGET - VEGETABLE OIL:***

*Packaged foods, soaps, shampoos, detergents are the most common items that contain palm oil.*

## **Room Intent: for Term 3:**

### **Kinder Room:**

Thank you to all the kinder children and families for an amazing term 2. Despite the current circumstances, together we managed to provide a sense of normalcy for our kinder children and have continued to foster their love of learning and their sense of curiosity.

We cannot believe we are already in term 3, where has the time gone?!

Term 3 in the kinder room is centred around sustainability. Our program is designed to continue promoting awareness, respect and an understanding of our environment. This means the continuation of our Explore and Learn Program, as well as continuing to learn about the effects of palm oil.

Term 3 also means recommencing letter of the week, our weekly cooking experiences and bringing some of our planned excursions/incursions to the kinder room via Zoom. We have a special teddy bear picnic planned for International Friendship Day, as well as a week full of fun literacy-based experiences planned for Book Week 2020.

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### **Magpie Room:**

Dear Magpie Parents,

This term we will continue providing a nurturing environment for our 3-4-year olds that is rich in language, literacy, creative expression, sustainability, natural environments & responsibilities while pursuing children's interests to enhance their physical, social, cognitive development. We will contribute and encourage independence and self-help skills in our room i.e. packing their own bags, retrieving drink bottles and hats, decision making etc.

With the Covid-19 Pandemic circumstance in Victoria, our primary goal for children's emotional development in this term will be helping children to the rapid changing of the surroundings each day. During this difficult time, we would like our 3-4 years olds to maintain a positive wellbeing and mindset.

For children social and emotional development, this term we will focus on bouncing back and building resilience when things may not go as planned or hoped. We will have social and emotional learning in the morning group time especially focusing on emotional regulation in our room. i.e. communicating their feelings and recognizing the feelings of others.

We will introduce 'show and tell' (Magpie own storybook) to Magpie to help children making connection and interactions with each and encourage interaction.

This term we will also introduce Language Other Than English (LOTE- Mandarin) program in Magpie room. Our intention is to helping children i.e. Simply greeting/please/thanks you in Mandarin, Mandarin nursery songs.

## **Koala Room:**

As we did last term, Koala educators will continue to ensure your child's time at Gum Nut is as 'normal' as possible during this challenging time.

We have been talking to the children about emotions, how we feel and how we can deal with strong emotions.

This term, we will continue learning about shapes, colours and the letters of the alphabet. This will be achieved through a range of fun and engaging activities such as 'letter of the week'. Numbers will be a focus this term and counting from 1-10.

Language development will continue to be fostered through conversation, singing songs and reading stories. This term we will introduce 'book of the week' as the Koala children love listening to stories. Look out for the 'book of the week' on our Koala Facebook group page each Monday.

Self-help skills and looking after our own belongings will continue to be encouraged this term.

The Koala children have begun learning how to cut with scissors using the correct grip. This will continue throughout the term.

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## **Wombat Room:**

Our goals for the Wombat children in term 3:

Enhance emerging self-help skills: by

- Hand washing,
- cough into elbow,
- scrape food bowl left overs into bin,
- return items to individual bags, e.g. comforter, sleep bag

Develop expressive language: by

- Assisting with words & expressions to help share and understand emotions.
- Lots of Art & Craft.

Cognitive development: by

- Alphabet recognition: Number recognition: Colour recognition: Shape recognition: basic introduction to.
  - Explore natural materials:
- 

## **Possum Room:**

Our Possum Team has changed a little: We welcome Veronica and Judith all children are building a wonderful relationship with our new team members.

Intent for Term 3:

Continue to build trusting relationships within the Possum room, by ensuring all individual routines and rituals are followed.

Colours will be introduced to the children – we will set up a colour corner, sensory play will continue to be a focus - we will provide a variety of activities for our possums to experience and explore.

Enhancing language development by singing songs, reading stories, imitating animal sounds and extending on our farm corner by introducing more new animals.

## **Menus from Gum Nut Kitchen: by our Super Cook Darrin:**

Many parents have requested the following recipes from our kitchen: their children enjoy.

### **TOFU CHOW MIEN**

Serves 4-5

400g firm tofu chopped  
3tbs soy sauce  
3 stalks of celery chopped  
3 carrots chopped  
1.5L of vegetable stock  
1 onion chopped  
400g wombok shredded  
1-2tbs corn flour  
1 red capsicum chopped  
Brown Rice or hokkien noodles

1. Fry celery, carrots, onion, capsicum in a lil oil until tender, about 5 mins. About 2mins in add tofu to get some colour.
2. Add the soy sauce, wombok and the stock simmer for 10 mins.
3. In a cup combine corn starch and a lil water to form a slurry add and cook, stirring constantly until liquid thickens about 3mins
4. Serve over rice or add in noodles.

### **PUMPKIN SOUP**

Serves 4-5

1 brown onion  
1 clove garlic  
1.5kg pumpkin  
120g whole red lentils  
1.5L vegetable stock  
Bread to serve  
Greek Yoghurt (optional)

1. Skin, seed and roughly chop pumpkin.
2. Fry onion in a little oil on low heat, till softened.
3. Add garlic and stir till fragrant.
4. Add pumpkin, lentils and stock.
5. Bring to boil and simmer until pumpkin and lentils are tender.
6. Blend until smooth.
7. Serve soup with a spoon of natural yoghurt and a slice of wholemeal bread.

Dear Families

[Child Care Subsidy \(CCS\) is started](#) on 13 July 2020.

If you were receiving CCS before 6 April 2020, it will automatically start again if you've stayed eligible and your enrolment is current and confirmed.

Follow these five steps to make sure you've stayed eligible and receive the right amount of CCS:

1. Give Centrelink your [2020–21 family income estimate](#) to receive the correct CCS percentage and avoid an overpayment.
2. Check your [activity hours](#) to receive the correct amount of hours of CCS per fortnight\*.
3. Make sure your child meets [immunisation requirements](#).
4. Check your child's [enrolment details](#) are current with your child care service and re-enrol if you need to.
5. [Confirm your income for 2018–19](#) if you have not already by 30 June 2020.

\*From 13 July 2020, the Australian Government is easing the activity test for CCS. This means you may be able to apply for extra activity hours if COVID-19 has affected you. There will be more information about how to do this in July.

If you're [new to child care](#), you should [claim](#) CCS as soon as possible. From 13 July 2020, you'll pay full fees unless you're getting CCS.

For more information, visit [Services Australia](#)

Few of the alternate names

The Department of Education, Skills and Employment has created an information sheet for [families about the transition arrangements for the end of the Early Childhood Education and Care :Relief Package](#) and the return to CCS.

**Notifications:**

**Holidays/Absent:** Planning to go on holidays or your child/ren will be absent, please notify office, this allows us to ensure we have correct staff/child ratios or organise staff to have annual leave or an RDO.

**Holiday fee reduction:** To receive reduction you MUST notify the centre by email. 2 clear weeks prior to your holiday dates and child/ren must be absent for full week of attendance. When fees recommence.

**Notifying of illness, or another person collecting your child** MUST be made to the office by email, if last minute then phone. Not to rooms.

**Leaving Gum Nut:** Gum Nut Preschool and Childcare require two weeks written notice if you are leaving the centre. Should you not attend in that period or on last day you will be charged full fees.